


In a world that is struggling from the impact of the human race, Connections Matter is encouraging others to reach out to our planet and its inhabitants.

It seems that greed, selfishness, depression, suicide, crime, and corruption all too often pervade our society. Humans abuse and pillage the land and each other, metaphorically and literally. There seems to be little sense of belonging to our planet, to the land, to nature. It is now all about ownership and control. It seems the human race has separated itself from not only creation but the creator – whatever you believe that to be. For even if you believe that humans evolved from a single-celled organism in the ocean, as we destroy the natural world, humans have separated themselves from our ancestry, our lineage and created themselves in an image that is in opposition to our origins.

But this is not new. In the 1960s God was proclaimed dead, yet there are people, myself included, who have experienced what can best be described as divine; beyond belief, beyond understanding, and so very humbling. Yet fewer and fewer people, it seems, are attuning themselves to the 'greater essence'.



Within the Jewish history of Christianity, in times gone by the prophets, John the Baptist, then Jesus and his followers called for people to change their ways. Repent was the cry and salvation the promise. It seemed they were keen on people being saved from God's anger, and later the followers of Jesus keen on more souls coming to know God so they could have eternal life. Those who refused to heed would be destined to eternal damnation. Now, it seems, many people have no belief in God let alone any regard for God, so coming before God's judgement of our lives means nothing.

So for want of a better word, let us all 'repent'. Let us turn ourselves back to our origins and reconnect. Reconnect in meaningful ways with other people over the telephone, in writing, or in person. Let us reconnect to the feel of the earth under our feet, the sand between our toes. Let us reconnect with peace, harmony, satisfaction, and gratitude. And let us reconnect with the 'greater essence', whatever that means to you, to guide us and show us the way. Because after all, the substance of our connections does matter. Not only for our spiritual, emotional, and physical selves, but for the future of the human race.

Let us humble ourselves.

